

# Life Planning

## DISCIPLINES

### 7. DAILY

What daily disciplines do I need to develop to achieve and maintain excellence?

### 6. WEEKLY

What weekly disciplines do I need to develop to achieve and maintain excellence?

### 5. MONTHLY

What monthly disciplines do I need to develop to achieve and maintain excellence?

### 4. QUARTERLY

What quarterly disciplines do I need to develop to achieve and maintain excellence?

### 3. YEARLY

What yearly disciplines do I need to develop to achieve and maintain excellence?

### 2. PURPOSE

What is my purpose?  
(As clearly as I can see it at this stage in my life.)

### 1. NEED

What need do I see in the world that I am deeply burdened by and uniquely qualified to address?

What makes me weep or pound on the table?




### 8. CALENDAR

Put the disciplines stated above on your calendar. Without disciplined follow through, you will not reach your potential.

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