

Life Planning DISCIPLINES

7. DAILY

What daily disciplines do I need to develop to achieve and maintain excellence?

6. WEEKLY

What weekly disciplines do I need to develop to achieve and maintain excellence?

5. MONTHLY

What monthly disciplines do I need to develop to achieve and maintain excellence?

4. QUARTERLY

What quarterly disciplines do I need to develop to achieve and maintain excellence?

3. YEARLY

What yearly disciplines do I need to develop to achieve and maintain excellence?

2. PURPOSE

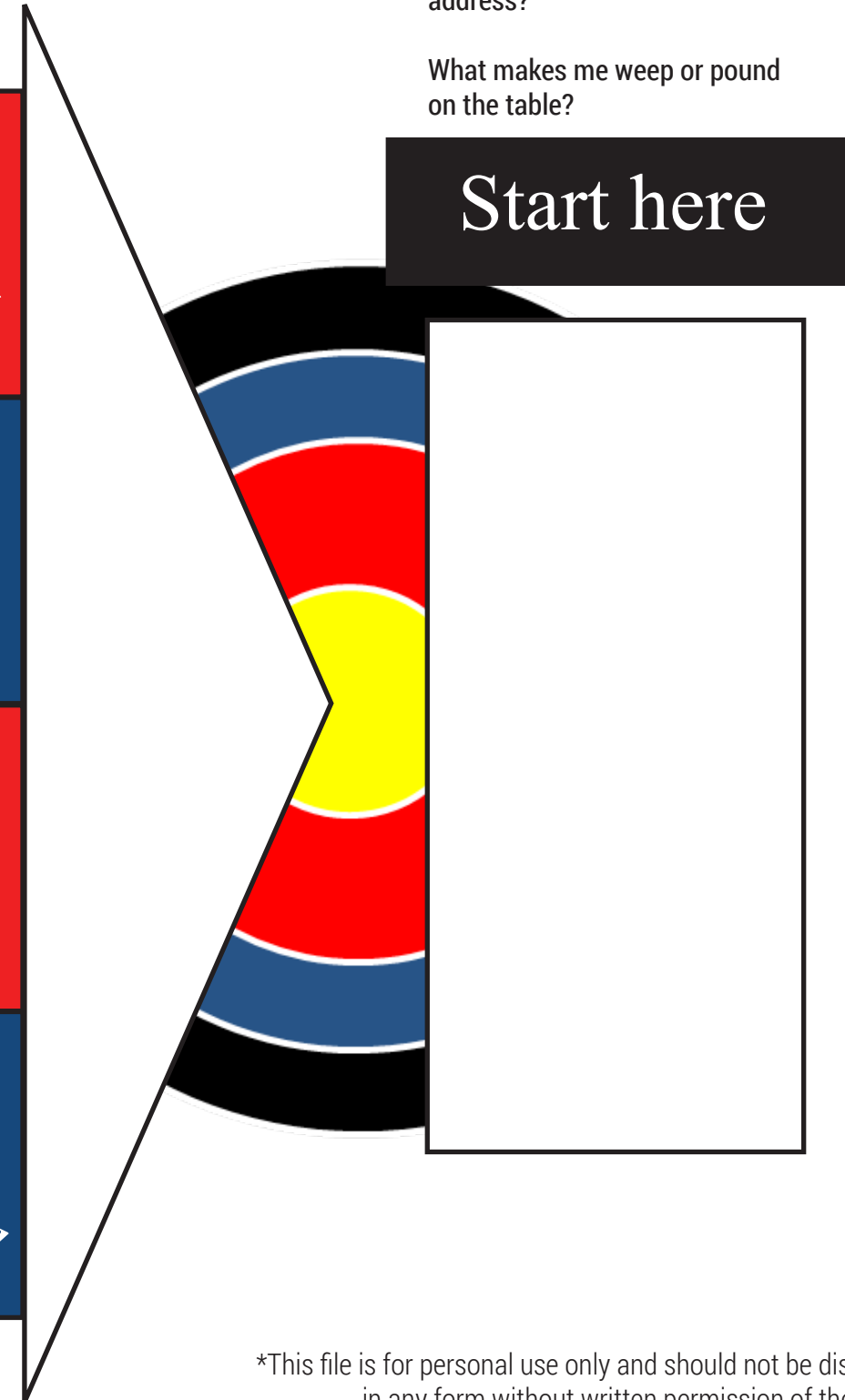
What is my purpose?
(As clearly as I can see it at this stage in my life.)

1. NEED

What need do I see in the world that I am deeply burdened by and uniquely qualified to address?

What makes me weep or pound on the table?

Start here



8. CALENDAR

Put the disciplines stated above on your calendar. Without disciplined follow through, you will not reach your potential.

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